

**PREPARATION FOR ENDOSCOPY OR ERCP**

No antacids after 3 p.m. the day before your exam. Have a light evening meal (no milk, greasy, or fatty foods). Please take your heart and/or blood pressure medications as you normally do. If you are taking aspirin and/or blood thinners, please discuss this with your physician. **STOP** taking Motrin, Aleve and/or Ibuprofen.

- Nothing to eat or drink after midnight the night before.**
- You may have solid food until midnight, clear liquids until 7:00 am the morning of your procedure.**

If you have **any form of sedation** you will need a **responsible ADULT to REMAIN** in the endoscopy center until discharge to review discharge instructions and accompany you and **drive you home**. Taking a regular cab or Medicaid cab is only allowed if you have a **responsible adult accompanying you home**. Otherwise, you are responsible for arranging your own Medical transport. Please call the office for a list of approved medical transport in your area.

**Date:**

**Arrival time:      Procedure Time:**

- Northeast Medical Center  
Endoscopy Center of CNY  
4308 Medical Center Drive  
3rd floor Room 308  
Fayetteville, NY 13066**
- Endoscopic Procedure Center  
260 Township 5, Ste 10  
Camillus, NY 13031**
- St Joseph's Hospital  
301 Prospect Ave  
Outpatient Registration  
Syracuse, NY 13203**