

Flexible Sigmoidoscopy

Purchase two fleet enema (disposable and available over the counter at the drug store).

You insert one fleet enema rectally at least two hours prior to your appointment and insert the second fleet enema rectally at least one hour prior to your appointment.

Patients scheduled with any form of sedation in the morning (7:00am - 12:15pm) will need to have nothing to eat or drink after midnight.

Patients scheduled with any form of sedation in the afternoon (12:30pm – 3:30pm) light food up until midnight then clear liquids until 7:00am. After 7:00am nothing to eat or drink.

Report to:

PLACE: _____

DATE: _____

TIME: _____