

PREPARATION FOR ENDOSCOPY with BRAVO PLACEMENT

Bravo pH testing provides your physician with information regarding acid reflux into your esophagus.

Your physician has asked that you continue your medication during testing. Please record in your diary when you take your medication for your reflux.

OR

Your physician has asked that you discontinue your reflux medication for this test. Do not take any prescribed medications for the treatment of your reflux 7 days prior and during your testing period. This includes Prilosec/Omeprazole, Prevacid/Lansoprazole, Aciphex/Rabeprazole, Nexium/Esomeprazole, Zegerid/Omeprazole/sodium bicarbonate, Pepcid/Famotidine, Dexilant/Dexlansoprazole, Tagamet/Cimetidine, Voquezna/Vonoprazan, and Protonix/pantoprazole.

Have a light evening meal (no milk, greasy and/or fatty foods) **the night before**.

NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT PRIOR TO YOUR EXAM

Take blood pressure and/or heart medications as you normally do with a **sip** of water the day of your procedure.

If you are taking Aspirin and/or other blood thinners, please discuss this with your physician.

STOP taking Motrin, Ibuprofen and/or Aleve for days.

Note: You will be receiving sedation for this procedure, so make sure you have a responsible person driving you home after the procedure.

Your procedure Date is: 05/09/2025

Your arrival time is:

Arrive at 4308 Medical Center Dr, Fayetteville, NY 13066, 3rd floor Ste 308

The receiver will have to be returned in 2 business days after your procedure, unless you are scheduled on a Thursday or Friday, then it will have to be returned the following Monday. If the return date conflicts with anything on your schedule please call 315-329-7301 to reschedule as we may need the receiver back for another patient.