

## **PREPARATION FOR ENDOSCOPY with BRAVO PLACEMENT**

Bravo pH testing provides your physician with information regarding acid reflux into your esophagus.

☐ Your physician has asked that you continue your medication during testing. Please record in your diary when you take your medication for your reflux.

OR

☐ Your physician has asked that you discontinue your reflux medication for this test. Do not take any prescribed medications for the treatment of your reflux 7 days prior and during your testing period. This includes Prilosec/Omeprazole, Prevacid/Lansoprazole, Aciphex/Rabeprazole, Nexium/Esomeprazole, Zegerid/Omeprazole/sodium bicarbonate, Pepcid/Famotidine, Dexilant/Dexlansoprazole, Tagamet/Cimetidine, Voquezna/Vonoprazan, and Protonix/pantoprazole.

Have a light evening meal (no milk, greasy and/or fatty foods) **the night before**.

### **NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT PRIOR TO YOUR EXAM**

Take blood pressure and/or heart medications as you normally do with a **sip** of water the day of your procedure.

If you are taking Aspirin and/or other blood thinners, please discuss this with your physician.

**STOP** taking Motrin, Ibuprofen and/or Aleve for        days.

**Note: You will be receiving sedation for this procedure, so make sure you have a responsible person driving you home after the procedure.**

Your procedure Date is: 05/09/2025

Your arrival time is:

Arrive at 4308 Medical Center Dr, Fayetteville, NY 13066, 3rd floor Ste 308

The receiver will have to be returned in 2 business days after your procedure, unless you are scheduled on a Thursday or Friday, then it will have to be returned the following Monday. If the return date conflicts with anything on your schedule please call 315-329-7301 to reschedule as we may need the receiver back for another patient.